My first term as relieving principal is almost over and I would like to acknowledge the support, dedication and expertise of all the staff at the school. Working in a school is a collaborative process and no one person can do it all. The role of principal is a complex one, even in a very small school like ours, however the staff have all shown such a big commitment to improving learning outcomes for all the children at the school and to make La Perouse a positive learning place.

A key message this term has been ‘La Perouse: a school for all children’ and we are always looking to increase the numbers of students at the school. Small schools offer a lot of positive benefits to children and we are able to spend more time meeting the learning needs of the students. We are hoping to grow the school in the New Year. We have already had some enquiries from families who are looking to enrol their children at La Perouse.

The presentation night was a great success. Congratulations to all the students who received an award and a big thank you to the year 6 students and Ms Aldrick for organising the evening. The musical performances were terrific and we were very fortunate to have some very special guests present the awards. At La Perouse we celebrate success in school in many ways and the Presentation Night is a great way to acknowledge all the different kinds of learning that takes place at school every day.

Mr Jarius

As you may already know Mr Jarius is moving to another school in 2016. He has worked at the school for a number of years and has taught many of the students in his time. He has shown great commitment and professionalism to the community, parents, staff and students. We wish him all the best at the new school and I’m sure he will have many great memories of his time at La Pa that will stay with him.

Finally, I have really enjoyed my time here at La Pa and I’m sure he will have many great memories of his time at La Pa that will stay with him.

Have a relaxing and enjoyable holiday season and we will see you in 2016.

Merry Xmas and a happy new year

Adrian
MEET THE PROFESSOR

AUSTRALIAN CATHOLIC UNIVERSITY
This week we travelled to Homebush where the Variety Club put on a Christmas Party for all students from different schools in Sydney. When we got there we got to meet all different super heroes and went on lots of rides. Throughout the day we watched lots of performances from other schools. At lunch, the Variety Club supplied all the students with a sandwich, packet of chips, Kit Kat, popper and ice-cream. At the end of the day all the students were given a present that they got to take home.

NO HAT NO PLAY

As the weather is warming up our school policy will be implemented strongly. If a student doesn’t have a hat they will have to sit in the shade and not play.

Hats are on sale from the school office for $10.00 each.

Please see Rhonda or Mary.
Magadaang

This week Magadaang went to the Variety Christmas Party at Olympic park. We had a great time dancing, going on rides and getting to meet fire fighters and police dogs. There was a stall from Taronga Zoo where we were able to touch snakes and lizards. Our favourite part was getting a huge present and Christmas teddy bear at the end.

We also went to the Australian Catholic University last week for our ‘Meet the Professor’ day. It was a wonderful chance for students to see what university life is like and to participate in numeracy activities.

What a great way to end such a fabulous year!
Year 6 Farewell

Last night our year 6 students enjoyed a farewell dinner at Driftwood at the Bay with teachers and their families. We celebrated their achievements in primary school and wished them all the best at high school and in the future. It was a very enjoyable night sharing plenty of memories and laughs. Good luck to our year 6 students.
KEEPING ME SAFE

Police encourage parents to discuss the ‘Safe People, Safe Places’ messages with their children, including:

Make sure your parents or another adult you know, knows where you are at all times.

Always walk straight home or to the place you are walking to. Walk near busier roads and streets, or use paths where there are lots of other people.

Know where safe places are – a shop, service station, police station, library or school. If you are ever frightened, you should go to one of these places and ask them to call the police.

Learn about safe adults you can look for and talk to if you need help – police officers, teachers at school, adults you know and trust.

Don’t talk to people you don’t know and never get into a car with someone you don’t know. If a car stops on the side of the road and you don’t know the person inside, do not stop.

If you are scared and can use a phone, call 000 and tell them you are scared.

If someone tries to grab you, yell out, ‘Go away, I don’t know you’. This lets other people know you have been approached by someone you don’t know.

If you would like any further advice on this topic or would like to report suspicious behaviour you can contact the Eastern Suburbs Youth Liaison Officer (Constable Brooke BRIEN) on 9369 9837 or 47458@police.nsw.gov.au
KidsXpress
Program Information

The KidsXpress Program and your school
The KidsXpress Program allows kids to access the therapeutic benefits of music, art, drama and play to enhance their emotional well-being — focusing on safety, awareness, reflection and integration to develop resilience, self-regulation and good mental health.

The KidsXpress Program is facilitated in a suitable space within the school environment or at our centre at Moore Park, consisting of 10 sessions held over the course of a school term. Conducted in a small group of 6 children, with 3 qualified and experienced therapists per group.

Why Expressive Therapy?
Creativity and play are the tools a child first uses in order to learn about themselves and their world.

By using music, art, drama and play we bring children’s stories and emotions to life, allowing them to gain a better understanding of what’s going on in their life and explore new ways of viewing and coping with their experiences, —no matter how big or small, building better relationships with themselves and others.

Expressive therapies give children the experience of doing, making, and creating. This can help calm, energise, redirect attention and focus and alleviate emotional stress.

Expressive therapies promote active participation and are sensory in nature, helping children to engage their imaginations, minds and bodies, to problem solve and express themselves without the boundaries imposed by words.

Explaining KidsXpress to a child
It’s a program where you get to use music, art, drama and play to look and learn about yourself, your friendships and relationships, feelings, and how to deal with things happening in your life.

It’s different to school, as the KidsXpress therapists won’t be teaching you singing, drawing or acting. Instead you’ll do those things to express yourself and your feelings — even those feelings that are hard to express in words.

It’s lots of Fun!

Research and Feedback
+ To validate the program’s efficacy and to gain valuable feedback we require parents/carers and school professionals to participate in an evaluation process during and after the program.
+ At the completion of the program, parents/carers and the school will receive a summary of the child’s participation in the program, and any recommendations.

To learn more about KidsXpress visit our website—www.KidsXpress.org — or phone (02) 9938 6220

Expressive therapy for children
MERRY CHRISTMAS FROM THE STUDENTS AND STAFF OF LA PEROUSE PUBLIC SCHOOL

FAMILY FUN DAY
3-6PM
11TH DECEMBER

Free Food
Rides * Tattoos
Inflatable Pony Hoppers
Garden Info * Shows
Magic Show
Give-aways

MEMORIAL PARK
DUFFY'S CORNER MATRAVILLE
Little Bay Pharmacy
Community Christmas day

Saturday 12th December 2015

10am – 3 pm

1405 Anzac Parade, Little Bay

Come see Santa and have your photos taken for FREE

FREE Face Painting,
FREE Balloon Animals, FREE Health checks, Raffles, food & drink stalls & more. We hope to see you there.

PH: 9661-7592 for more info